

Mark DeFee, BCC, LPC

Mark is a therapist, a coach, and a workplace mental health expert who helps organizations create mentally healthy workplaces.

During his two decades in the Employee Assistance Program (EAP) field, he did everything from crisis intervention and stabilization for employees to designing custom wellbeing programs for some of the largest companies in America.

When talking with audiences, his goal is for them to walk away with new, practical ideas on how to positively impact mental health within their organization.